# NutriDyn

## KIDS OMEGA PURE GUMMIES

### Kids Omega Pure Gummies Supplementation

Kids Omega Pure Gummies are intended for children who require additional support for their cognitive, cardiovascular, and overall developmental health during the early years of growth when the demand for omega-3 fatty acids is highest.<sup>4</sup> They are ideal for children who may not get sufficient omega-3 intake from their diet alone, particularly those with dietary restrictions or picky eating habits.

Supplementation with Kids Omega Pure Gummies includes these benefits:

- Supports healthy brain development and function<sup>+</sup>
- Promotes eye health\*
- Provides a foundation for a healthy heart<sup>+</sup>
- Supports the development of a healthy immune system\*
- Supports healthy bone growth and joint health\*
- Supports healthy skin\*
- Promotes balanced moods<sup>+</sup>

### How Kids Omega Pure Gummies Work

Kids Omega Pure Gummies are more than just a supplement; they are a vital tool in ensuring optimal health during the critical developmental years of childhood.<sup>•</sup> By incorporating these gummies into a child's daily routine, healthcare practitioners can confidently support the growth and development of their young patients, ensuring they thrive both physically and mentally.<sup>•1,2</sup>

#### Key Ingredients and Mechanisms of Action

#### EPA (Eicosapentaenoic Acid)

By supporting healthy inflammatory markers, EPA supports cardiovascular health, boosts immune function, and promotes mental well-being.<sup>43,4</sup> Research indicates that EPA can help support mental focus and mood disorders in children, improving their emotional and behavioral health.<sup>45,6</sup>





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#### How Kids Omega Pure Gummies Work Continued

#### DHA (Docosahexaenoic Acid)

DHA is a critical structural component of the brain, retina, and nervous system.<sup>+</sup> It constitutes about 97% of the omega-3 fatty acids in the brain and is integral to healthy neural development and function.<sup>+7</sup> DHA facilitates synaptic plasticity, which is crucial for learning and memory.<sup>+8,9</sup> Adequate levels of DHA during childhood support cognitive development, promote visual acuity, and enhance overall brain health, laying the foundation for lifelong mental acuity.<sup>+10,11</sup>

#### **Total Omega-3s**

Omega-3 fatty acids are critical for numerous physiological functions and must be obtained through diet or supplementation as they are not synthesized by the body.<sup>412</sup> These essential fatty acids contribute to the structural integrity of cell membranes, ensuring efficient cellular communication and overall systemic health.<sup>413,14</sup> Research underscores the importance of omega-3s in enhancing learning abilities, memory retention, and immune response, making them indispensable for comprehensive childhood development.<sup>415-17</sup>

# **Supplement Facts**

#### LEMON FLAVOR

Serving Size: 2 Gummies Servings Per Container: 30/60

	Amount Per Serving	%DV*
Calories		
Total Fat		
Total Carbohydrates		2%*
Dietary Fiber		4%*
Total Omega-3s (triglyceride)	525 mg	
EPA (eicosapentaenoic acid)	350 mg	
DHA (docosahexaenoic acid)	150 mg	
Additional Omega-3s	25 mg	

**Other Ingredients:** Allulose, water, tapioca, pectin, natural flavor, MCT oil, citric acid, citrus peel fiber, sodium citrate, beta carotene (color).

Contains: Fish (sardine and anchovy).

**Directions:** Take two gummies daily or as directed by your healthcare practitioner.

**Caution:** If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

#### **References:**

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• These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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